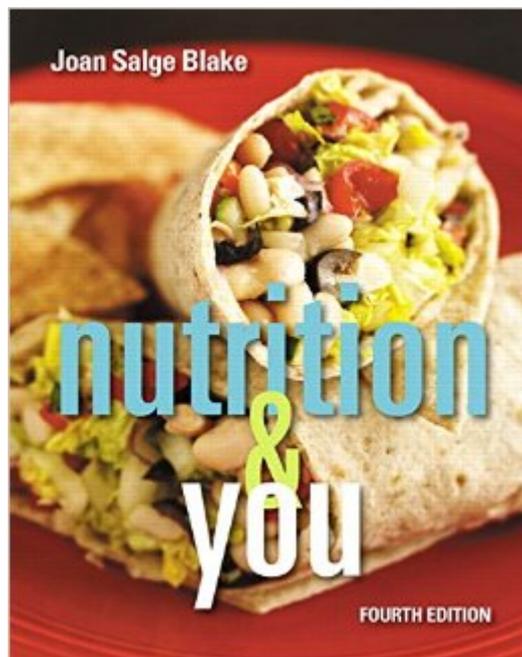


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# Nutrition & You Plus MasteringNutrition With MyDietAnalysis With Pearson EText--Access Card Package (4th Edition)



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I didn't like the textbook version because it was so colorful and distracting. The linear pared down version of the eText is so much better. There's not all kinds of distracting boxes and pictures everywhere. It's all in a linear format so you come across it more naturally when you read.

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